

Pathways to Care in Alberta

Health Services and Mental Health Support



AHS welcomes all refugees and evacuees to Alberta. As you enter and settle in our province, you may need healthcare support. We are here to help.

Gain Health Care Coverage

Apply for an Alberta Health Care Card at your local registry office. Applications require identification such as a passport and a supporting document with a current address.

cfr.forms.gov.ab.ca/Form/AHC0102.pdf



Get Healthcare Advice at 811

Health Link is a medical helpline that is available 24/7 by dialing 811. You can speak with a nurse to get health advice or information for physical or mental health concerns.

Call 811 or visit ahs.ca/811

*Ukrainian interpreters are available.



Access a Public Health Clinic

Public Health clinics provide a variety of services including immunizations against vaccine-preventable diseases, pregnancy and childbirth support and well child services.

MyHealth.Alberta.ca



Addictions and Mental Health Support

The Mental Health Helpline is a confidential service available 24/7 that provides support, information and referrals for those experiencing mental health concerns.

Call 1-877-303-2642



Identify Government Support Services

Find more information on settlement services, identification, finding a job, income supports and more.

www.alberta.ca/support-programs-refugees.aspx
InformAlberta by searching informalberta.ca

Find a Family Doctor

Family physicians provide support for general health issues. They prescribe medications, request blood work, or refer for other medical services including prenatal/postpartum care and x-rays.

search.cpsa.ca/physiciansearch

Primary Care Network

Primary Care Networks and family doctors work together to ensure all Albertans have a home base for their everyday health needs.

albertafindadoctor.ca/pcn

Hospitals and Urgent Care

***If anyone is experiencing a medical emergency, please call 911.**

Alberta has many hospitals and urgent care centres for more urgent medical support.

ahs.ca/knowyouroptions



Help is available

Visit ahs.ca/ukrainesupport

Scan the QR code to find these resources and more.

